

Wyoming
**2005 Youth Risk Behavior
Survey (YRBS) Results**

*Risk behaviors among high school students
only, weighted data*

Unintentional Injuries and Violence

- **15.7%** Rarely or never wore safety belts
- **29.7%** Rode with a driver who drank alcohol during the past month
- **28%** Carried a weapon during the past month
- **1.8%** Carried a handgun, rifle or shotgun on school property for protection from someone at school
- **2.1%** Carried a handgun, rifle, or shotgun on school property to harm or bully someone at school
- **30.4%** Were in a physical fight during the past year
- **8.7%** Attempted suicide during the past year

Alcohol and Other Drug Use

- **45.4%** Drank alcohol during the past month
- **32%** Reported episodic heavy drinking during the past month
- **17.8%** Used marijuana during the past month
- **10.2%** Ever used cocaine
- **17.1%** Ever used inhalants

Sexual Behaviors

- **47.1%** Ever had sexual intercourse
- **15.5%** Ever had four or more sex partners
- **24.7%** Had sexual intercourse during the past three months and drank alcohol or used drugs
- **14.9%** Did not use a condom during last sexual intercourse

Tobacco Use

- **56.9%** Ever tried cigarette smoking
- **22.5%** Smoked cigarettes during the past month
- **10.1%** Smoked cigarettes on 20 days during the past month
- **14.3%** Used smokeless tobacco during the past month

Dietary Behaviors

- **83.2%** Ate < 5 servings of fruits and vegetables per day during the past 7 days
- **80.3 %** Drank < 3 glasses of milk per day during the past 7 days

Physical Activity

- **45.5%** Were not enrolled in physical education class
- **78.5%** Did not attend physical education class daily
- **33.4%** Did not participate in any vigorous or moderate physical activity

Overweight

- **12.3%** At risk for becoming overweight⁽¹⁾
- **8.4%** Overweight ⁽²⁾

1 Students who were at or above the 85th percentile but below the 95th percentile for body mass index by age and sex, National Center for Health Statistics, 2000.

2 Students who were at or above the 95th percentile for body mass index by age and sex, National Center for Health Statistics, 2000.

*Risk behaviors among middle school students
only, weighted data*

Unintentional Injuries and Violence

- **11.9%** Rarely or never wore safety belts
- **35.7%** Ever rode with a driver who drank alcohol
- **50.8%** Ever carried a weapon
- **2.9%** Carried a handgun, rifle or shotgun on school property for protection from someone at school
- **2.2%** Carried a handgun, rifle, or shotgun on school property to harm or bully someone at school
- **30.4%** Ever were in a physical fight
- **8.4%** Ever attempted suicide

Alcohol and Other Drug Use

- **39.3%** Ever drank alcohol
- **18.1%** Reported drinking before age 11 years
- **11.7%** Ever used marijuana
- **4.8%** Ever used cocaine
- **13%** Ever used inhalants

Sexual Behaviors

- **15.5%** Ever had sexual intercourse
- **6.3%** Ever had three or more sex partners
- **30.3%** Did not use a condom during last sexual intercourse

Tobacco Use

- **29.6%** Ever tried cigarette smoking
- **8.6%** Smoked cigarettes during the past month
- **2.7%** Smoked cigarettes on 20 days during the past month
- **6.4%** Used smokeless tobacco during the past month

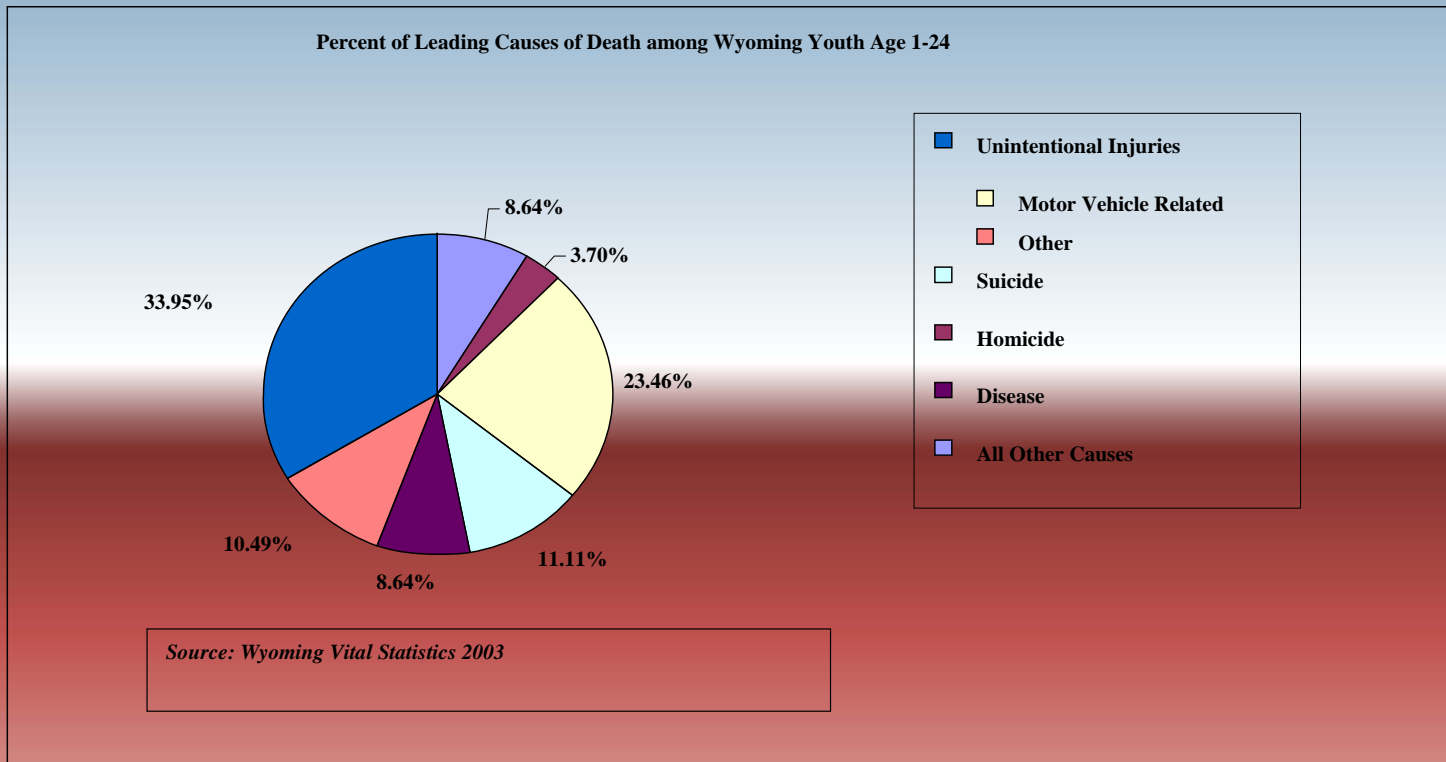
Overweight

- **14.8%** At risk for becoming overweight ⁽¹⁾
- **10.3%** Overweight ⁽²⁾

1 Students who were at or above the 85th percentile but below the 95th percentile for body mass index by age and sex, National Center for Health Statistics, 2000.

2 Students who were at or above the 95th percentile for body mass index by age and sex, National Center for Health Statistics, 2000.

- *Contribute to these leading causes of death.*



Highlights of the 2005 YRBS

**MOST STUDENTS ARE
ENGAGING IN
POSITIVE HEALTH
BEHAVIORS**

Intentional and Unintentional Injuries

- **77.6%** of middle school students have never seriously thought about killing themselves
- **82.6%** of high school students did not seriously consider attempting suicide during the past 12 months
- **84.7%** of high school students did not drink and drive during the past 30 days
- **72%** of high school students did not carry a weapon during the past 30 days
- **69.6%** of high school students were not in a physical fight during the past 12 months

Use of Tobacco, Alcohol, and Other Drugs

- **91.4%** of middle school students did not smoke cigarettes during the past 30 days
- **88.3%** of middle school students have never used marijuana
- **97.6%** of middle school students have never used steroids
- **91.5%** of high school students have never used methamphetamines
- **92.6%** of high school students have never used ecstasy

Sexual Behaviors

- **84.5%** of middle school students have never had sexual intercourse
- **65.6%** of middle school students were taught about AIDS/HIV in school
- **89.5%** of high school students were taught about AIDS/HIV in school

Nutrition, Weight, and Physical Activity

- Only **10.3%** of middle school students are overweight based on the Body Mass Index, by age and sex
- Only **8.4%** of high school students are overweight based on the Body Mass Index, by age and sex
- **80%** of middle school students participated in 20 minutes of aerobic activities on three or more of the past seven days

**THE
CHALLENGES
AHEAD**

Intentional and Unintentional Injuries

- Only **36.4%** of middle school students always wore a seatbelt when riding in a car
- Only **37.9%** of high school students always wore a seatbelt when riding in a car driven by someone else
- Only **8.8%** of middle school students always wore a helmet when riding a bicycle (of students who rode a bicycle)
- Only **4.2%** of high school students always wore a helmet when riding a bicycle (of students who rode a bicycle during the past 12 months)
- **35.7%** of middle school students had ridden in a car driven by someone who had been drinking alcohol
- **54%** of middle school students had ever been in a physical fight
- **30.4%** of high school students were in a physical fight during the past 12 months

Use of Tobacco, Alcohol, and Other Drugs

- **29.6%** of middle school students have tried cigarette smoking
- **56.9%** of high school students have tried cigarette smoking
- **39.3%** of middle school students have ever had a drink of alcohol
- **45.4%** of high school students have had a drink of alcohol during the past 30 days
- **38%** of high school students have ever used marijuana

Sexual Behaviors

- **15.5%** of middle school students ever had sexual intercourse
- **47.1%** of high school students ever had sexual intercourse
- **64.9%** of high school students used a condom at last sexual intercourse (of those who had had sexual intercourse during the past three months)
- **24.7%** of high school students drank alcohol or used drugs before last sexual intercourse (of those who had had sexual intercourse during the past three months)

Nutrition, Weight, and Physical Activity

- **42.1%** of middle school students are trying to lose weight, although only 10.3% are overweight based on the Body Mass Index
- **42.3%** of high school students are trying to lose weight, although only 8.4% are overweight based on the Body Mass Index
- Only **2.7%** of high school students ate four or more servings of fruit per day during the last seven days
- Only **19.7%** of high school students drank three or more glasses of milk per day during the last seven days
- **30.5%** of middle school students watched three or more hours of TV per day on an average school day
- **22.3%** of high school students watched three or more hours of TV per day on an average school day

Questions?
Comments?

Presentation Available At

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